

Let's Talk Haringey IAPT Referral Form

Improving Access to Psychological Therapies Service (IAPT) is a confidential NHS service providing easy access to psychological therapies for people experiencing depression and anxiety. To make a referral online, visit: www.lets-talk-iapt.nhs.uk/self-referral.

Please ensure that you complete all of the fields

First Name(s):	Date of Birth:	
Last Name:	Gender:	Male <input type="checkbox"/> Female <input type="checkbox"/>
NHS Number:	GP Name:	
Address:	GP Address:	
Postcode:	Please note: Your GP and Health Visitor (if applicable) will be kept informed of your referral.	
Date of Referral:	Interpreter required?	Yes <input type="checkbox"/> No <input type="checkbox"/>
Preferred Contact Number: _____	If yes, which language? _____	
OK to leave voice messages: Yes <input type="checkbox"/> No <input type="checkbox"/>	Is this is a self-referral? Yes <input type="checkbox"/> No <input type="checkbox"/>	
OK to send text messages: Yes <input type="checkbox"/> No <input type="checkbox"/>	If this is not a self-referral, please provide referrer's name, address and telephone number if different from the GP details above.	
OK to communicate via email: Yes <input type="checkbox"/> No <input type="checkbox"/>		
Email: _____		
What is the main problem that you would like help with, and how is it affecting your life?		
Do you have a long term health condition? Yes <input type="checkbox"/> No <input type="checkbox"/> If yes, please specify below:		
<input type="checkbox"/> Diabetes Type 1	<input type="checkbox"/> Diabetes Type 2	
<input type="checkbox"/> COPD	<input type="checkbox"/> Other – please specify.....	
How did you hear about us?		
GP <input type="checkbox"/>	Other healthcare professional <input type="checkbox"/>	Search engine (e.g. Google, Bing) <input type="checkbox"/>
Leaflet <input type="checkbox"/>	Workshop run by IAPT <input type="checkbox"/>	Social media (e.g. Twitter, Facebook) <input type="checkbox"/>
Family/Friend <input type="checkbox"/>	Other <input type="checkbox"/> please specify.....	

Please return by post or by email:

Let's Talk IAPT Crouch End Health Centre 45 Middle Lane London N8 8PH	Email: lets.talkharingey@nhs.net Tel: 020 3074 2280 Website: www.lets-talk-iapt.nhs.uk
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If you are worried about acting on suicidal thoughts OR about hearing voices or other psychotic symptoms-
Please contact your GP or specialist mental health services via The Crisis Resolution and Home Treatment Team on 020 8702 6700, or go to your local Accident & Emergency (A&E).