

PLEASE COME TO OUR FREE WORKSHOP ON **Tailoring your CV to
your job goal!**

When is it?

It's on Tuesday 13th December 2016 at 10.15am – 11.45am. Please arrive 10 minutes before the start time. *Please note that people arriving 10 minutes later than the start time will be unable to join the workshop.*

Where is it?

It's at Lansdowne Road Health Centre, 1A Lansdowne Road, Tottenham, London N17 0LL.

What will this workshop cover and who can come to the workshop?

This workshop will support you to understand the different approaches you can use to present information on your CV and the type of presentation which is likely to work best for you. We reflect on both your employment goal and your circumstances so that you can choose the most effective CV type. This involves thinking about the needs of your key audience – the employer you are submitting your CV to for consideration.

This workshop is available to anyone who meets the eligibility criteria for an IAPT employment workshop and would like to come!

How can I access this workshop?

Just ask the person who told you about the workshop to add your name to the list of people who will be attending (so we know you would like to come!). Alternatively you can book your place directly onto the workshop by visiting our "events" page on our website: www.lets-talk-iapt.nhs.uk/events

Who is delivering this workshop?

An NHS service called Let's Talk (an Improving Access to Psychological Therapies service) is delivering this workshop and they have lots of experience of working with people who would like support with employability skills.

Thank you for taking the time to read this flyer. For more information about the service delivering this workshop please visit www.lets-talk-iapt.nhs.uk

**LET'S
TALK**

TALKING YOUR WAY TO
BETTER MENTAL HEALTH

NHS